

2024



MHS

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
		January 3	January 4	January 5
		Chicken w/ Waffles Yogurt w/ Muffins Assorted Cereal	Cinnamon Crunch Pastry Yogurt and Muffins Yogurt Parfait	Hot Grits w/ Bacon Yogurt and Muffins Assorted Breakfast Breads
January 8	January 9	January 10	January 11	January 12
Ham Slice w/ Biscuit Assorted Breakfast Breads Yogurt and Muffins	Sausage Pancake Stick Assorted Muffin Loaves Assorted Cold Cereals	French Toast Sticks Breakfast Pizza Yogurt w/ Muffin	Sausage Biscuit Assorted Cold Cereal Assorted Muffin Loaves	Grilled Cheese Sandwich Yogurt and Muffins Assorted Cold Cereal
January 15	January 16	January 17	January 18	January 19
	Pancakes w/ Bacon Strips Dunkin Sticks Yogurt and Muffins	Sausage Biscuit Assorted Breakfast Breads Yogurt Parfait	Sausage Pancake Stick Cinnamon Crunch Pastry Yogurt and Muffins	Grilled Cheese Sandwich Assorted Cold Cereal Blueberry Muffin Loaves
January 22	January 23	January 24	January 25	January 26
Chicken w/ Waffles Assorted Poptarts Yogurt & Muffin	Cinnamon Crunch Pastry Yogurt Parfait Yogurt and muffins	Breakfast Pizza Yogurt and muffins Assorted Bread Slices	Chicken Biscuit Assorted Cereal Assorted Muffin Loaves	Grilled Cheese Sandwich Assorted Cold Cereal Blueberry Muffin Loaf
January 29	January 30	January 31		
Pancake w/ Omelet Assorted Breakfast Breads Assorted Frudels	Hot Grits w/ Bacon Yogurt and Muffins Dutch Waffles	Mini Pancakes Yogurt Parfait Assorted Muffins		
Lunch Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
		January 3	January 4	January 5
		Chicken Tenders BBQ Rib Sandwich w/Chips Tuna Salad w/ Crackers Mashed Potatoes Mixed Vegetables	Spaghetti w/ Meat Sauce Turkey & Cheese Hoagie w/ Sweet Potato Fries Chef Salad w/ Crackers Glazed Carrots Black-Eyed Peas Garlic Toast	BBQ Pulled Pork Nachos Southern Chicken Sandwich w/ Sidewinder Potatoes Chef Salad w/ Crackers Creamy Coleslaw Assorted Vegetable Juice
January 8	January 9	January 10	January 11	January 12
Hamburger Stk w/ Gravy American Sub w/Sweet Potato Fries Chef Salad / Crackers Seasoned Green Peas Mashed Potatoes Yeast Roll	Cheesy Chicken w/ Rice Corndog Nuggets w/ Straight Fries Chef Salad w/ Crackers Assorted Vegetable Juice Italian Sliced Carrots Cornbread	Assorted Pizzas Hotdog w/Tater Tots Chef Salad w/Crackers Seasoned Green Beans Whole Kernel Corn	BBQ Chicken Ham & Cheese Hoagie w/ Sweet Potato Fries Chef Salad w/ Crackers Baked beans Cheesy Broccoli Yeast Roll	Beef Taco w/ Soft Tortilla Southern Chicken Sandwich w/ Chips Chef Salad w/ Crackers Cucumbers w/ Ranch Refried Beans Snack Cookies
January 15	January 16	January 17	January 18	January 19
	Orange Chicken w/ Rice Turkey & Cheese w/ Chips Tuna Salad w/ Crackers Mixed Vegetables Steamed Broccoli Yeast Roll	Assorted Pizza American Sub w/ Potato Wedges Tuna Salad w/ Crackers Glazed Carrots Seasoned Potato Wedges	Chicken & Ham Potato w/ Roll BBQ Meatball Sub w/Sweet Potato Fries Tuna Salad w/ Crackers Garden Salad Whole Kernel Corn	Hot Wings w/ Yeast Roll Turkey & Cheese Sandwich Tuna Salad w/ Crackers Mixed Vegetables Cucumber Slices w/ Dip
January 22	January 23	January 24	January 25	January 26

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Steak Fingers w/ Yeast Roll American Sub w/ French Fries Grilled Chicken Salad w/ Crackers Garden Salad Mashed Potatoes	Red Beans & Rice Turkey & Cheese Sandwich Grilled Chicken Salad w/Crackers Assorted Vegetable Juice Carrots w/ Dip Cornbread	Assorted Pizza Cheeseburger w/French Fries Grilled Chicken Salad w/Crackers Whole Kernel Corn Baked Beans	Spaghetti w/ Meat sauce Ham & Cheese Sandwich w/ Sweet Potato Fries Tuna Salad w/ Crackers Garden salad w/ crackers Mixed Vegetables Garlic Toast	Chicken Tenders Meatball Marinara Sub w/ Chips Tuna Salad w/ Crackers Scallop Potatoes Steamed Broccoli Yeast Roll
January 29	January 30	January 31		
Chicken Spaghetti w/ Roll BBQ Pork Sandwich w/Potato Wedges Tuna Salad w/ Crackers Mixed Vegetables Baby Carrots w/ Dressing	Macaroni & Cheese w/ Ham Slice American Sub w/ Chips Tuna Salad w/ Crackers Glazed Carrots Steamed Broccoli Yeast Roll	Assorted Pizza Hot Dogs w/ Potato Wedges Tuna Salad w/ Crackers Refried Beans Whole Kernel Corn		

(Menu choices are subject to change without notice due to availability of items listed)